



## Family Battle Plan

A discipleship pathway to assist parents in engaging their children on their journey of faith

### **Week 6: People**

#### Middle School

#### **Theme Verse**

*“For I know the plans I have for you’— this is the Lord’s declaration—’plans for your well-being, not for disaster, to give you a future and a hope”* (Jeremiah 29:11 CSB).

#### **Objective**

All people are created in God’s image, and our lives are gifts from God.

#### **Teach**

At recess there is typically a game of kickball, dodgeball, or tag going on that requires two team captains to pick their team. For most students, this feels like the most stressful moment of sports. Thoughts race through their minds like, “Will they pick me? Am I going to be selected last? Should I flex, so they know I’m athletic?” Regardless of whether a student is selected first or last, doubts about their value both on and off the team flood through their hearts. However, all of these emotions and feelings can be quieted with one small action. If the captain takes a moment to remind you that your role on the team is vital, your talents are essential, and your participation matters, then you are affirmed.

Sometimes a person can look around and see the skills, popularity, the personality of others and think that they don’t fully measure up. Praise God that we have a “Team Captain” who affirms us regardless of our accolades. As we have seen in the last few weeks, God has fashioned and created us in His image. He has given each of us gifts and talents for a higher purpose than we often perceive. Because we know God loves and wants to use us in mighty ways, we can wake up with confidence each day knowing we are valued on God’s team.

#### **Discussion Questions**

*Answers may vary. Allow this to be a time of family discussion.*

1. Have you ever felt left out of something? How did that make you feel?
2. Have you ever made someone else feel left out? How did that make you feel?
3. What are ways you can encourage your friends this week?

## **Play**

As a family, take a moment and play a game with the whole family. If your family is large enough, let the two youngest people in the group be the “team captains” and select their teammates. Then, join in for a game of cards, charades, or a video game! Make sure to spend this time emphasizing the importance of encouraging and supporting your teammates.

## **Sing**

[“Made To Love”](#)

## **Live it Out**

Write everyone’s name on small pieces of paper. Then, instruct each family member to draw a name. Now, take five minutes to write an encouraging note to that person. Make sure to think about ways you can affirm who they are and what they do.

## **Closing Prayer**

God, thank You for making us special and able to Serve and Worship You. Help me to know that my value is in and because of You; my value is not determined by my talents. Thank You for wanting me on Your “team.” Help us to live out Your plan for our lives. Amen.