



Family Battle Plan

A discipleship pathway to assist parents in engaging their children on their journey of faith

Week 7: Family

4th and 5th Grade

Theme Verse

“Honor your father and your mother so that you may have a long life in the land that the Lord your God is giving you” (Exodus 20:12).

Objective

God’s plan is for each person to make a positive contribution to his or her family. Men and women have different but complementary roles in the family.

Teach

Have you ever noticed that mom and dad have different responsibilities around the house? Sometimes we help each other out with our chores, but typically, mom manages the *(Name a chore mom handles regularly.)* and dad manages the *(Name a chore dad handles regularly.)*. We like to help each other out too! Whether we do our own chores or help each other with chores, we do it because we love and want to help each other.

This is why God designed the family to have both a father and a mother. God designed men and women to be very different from each other, and to complement each other. Moms and dads have different roles in providing and caring for families, and we can appreciate how each of them is a blessing to the family.

Discussion Questions

- What different roles do you see mom and dad having in the family? (Answers may vary.)
- How can you help more at home to bless the family? (Answers may vary.)

- What are some activities you love doing with the whole family? (Answers may vary.)

Play

Prepare dinner together as a family. Think about what strengths each family member has that can contribute to the meal. Tasks to delegate might include:

- Planning the menu
- Measuring the ingredients
- Stirring/combining
- Grilling/frying
- Setting the table

Live it Out

Brag on your spouse during dinner conversation. Demonstrate how you love and appreciate him or her by sharing what specific gifts, talents, skills, and passions he or she possesses. Point out the ways he or she complements you and how he or she is a blessing to your family.

Closing Prayer

God, help us to understand we are each created differently—each with a purpose that helps Your Kingdom grow here on earth. Amen.