



## Family Battle Plan

A discipleship pathway to assist parents in engaging their children on their journey of faith

### **Week 6: People**

#### 1<sup>st</sup> and 2<sup>nd</sup> Grade

##### **Theme Verse**

*“For I know the plans I have for you’— this is the Lord’s declaration—‘plans for your well-being, not for disaster, to give you a future and a hope’” (Jeremiah 29:11 CSB).*

##### **Objective**

Birth and growth are part of God’s plan.

##### **Teach**

(Bring out a picture of your child when they were a baby or toddler and talk about a couple memories from when they were that age. Prompt them to talk about the differences between now and when they were a baby—they are a lot bigger now, their favorite toy has probably changed, they like different food, and they might even have darker or lighter hair! Encourage your child that no matter how they have changed, we can know it is part of God’s plan for us to change and grow throughout our entire lives.)

Jeremiah 29:11 tells us God has and knows a plan for each of us. God wants us to grow up and follow His plan for our lives, which includes physical and spiritual growth. Growing does not just mean how tall we get, having to buy new shoes because our feet are too big, or moving from one grade to the next in school. When we grow in our relationship with God, it means we are learning more about Him and growing closer to Him. How do we learn more about God? We can read the Bible, pray to Him, spend more time in His creation, sing Worship songs, and more! In God’s creation, there are many things that physically grow—like flowers and trees—but people are the only thing He created that can grow in a relationship with Him. He cares just as much about us growing spiritually as He does physically, so we should too.

## Discussion Questions

1. What are the two different ways God wants us to grow? (Physically and spiritually)
2. How do we grow physically? (Discussion)
3. How do we grow spiritually? (Discussion)

## Play

Look at the food items on your plate. Talk about the growth and change each item had to go through before it became food on your plate. For example, green beans had to be planted, watered, grown, picked, and sent to the grocery store to be bought. In a similar way, we are always growing physically, but God also created us to grow and know Him spiritually.

## Sing

["God Is For Me"](#)

## Live it Out

Part of God's plan for our lives is to grow up and know more about Him. Sometimes, while we are growing and learning more about God, we encounter obstacles. An "obstacle" course is a fun race that is made harder by barriers and other things to get past. Obstacles are situations in our life that are harder to move past than normal. A fun birthday party is not an obstacle but being picked on by a friend is. What are some other obstacles we might encounter in life, and how can we overcome them? There is always something for us to learn when we face an obstacle.

## Closing Prayer

God, thank You for giving us the ability to grow up and grow in our relationship with You. Thank You for making us different from the rest of creation, so we can talk to You and learn about You. Amen.